

## Teacher Contact Info

Jennifer Stern-Hasemann

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J Stern Designs



## Online Info

<https://jsterndesigns.com/>

<https://www.youtube.com/@JSternDesigns>

<https://www.instagram.com/jsterndesigns/>

<https://www.facebook.com/profile.php?id=100063965415388>

## Bio

Jennifer Stern-Hasemann is the owner and designer of J Stern Designs, where she brings her expertise in pattern drafting, garment construction, and fit to sewists of all levels. Known for her clear, approachable sewing patterns and fit workbooks, she specializes in helping people create garments that truly fit and flatter. Pants and jeans are her passion, and after testing every method imaginable, she refined a process that makes pants fitting accessible for every body. Jennifer shares her techniques on YouTube, in Zoom classes, and through workshops across the country, as well as on PatternReview.com

## Workshop Details

**Title:** Efficient Workflow for Pants Fitting

### **Description:**

In this focused, hands-on class, Jennifer guides participants through her streamlined pants fitting process. We will be using a separate pants-fitting waistband to make it easy to determine the position of the waistband. We'll start by customizing the pattern to agree with your shape. Then cut out a single-leg muslin, refine the fit with a two-leg version. An efficient, effective path to better-fitting pants.

### **Skills Taught during the Workshop**

How to identify and make fitting adjustments to the pattern, how to read wrinkles to improve fit, how to work with a single leg muslin to balance the front/back leg, how to fine tune the fit with a two-leg muslin. How to accurately transfer adjustments from muslin to paper pattern pieces.

### **End Workshop Project**

Participants will leave class with a pattern that's ready to sew with and the tools and confidence to fit pant solo.

### **Pre-Workshop Homework**

Make a non-stretch pants fitting waistband. [CLICK HERE](#) for instructions.

### **Supplies Participants Should Bring**

In addition to basic sewing supplies, bring the following drafting supplies:

- Pattern Paper
- Paper Scissors
- Scotch Tape
- 18" clear grid ruler
- Pencils (colored are good)
- French Curve if you own one
- Sewing machine

### **Kit Fee and Contents**

\$50 kit includes Pants Pattern, Fit Workbook, Thread Article "Practical Pants Fitting", fabric to make muslin